

# AIR SEALING



HOME ENERGY UPGRADES

DISCLAIMER: These tools are for illustrative purposes only and do not always align with the Energy Trust Existing Homes Specifications.

SUCCESS WITH HOME ENERGY UPGRADES

What every contractor needs to know.



## Air Sealing Contents

Air sealing is a challenging and important job. Done right it can bring increased comfort, safety and health to the home's occupant while saving them money on their heating and cooling bills. The purpose of this guide is to assist you, the air sealing professional, with getting the job done right the first time – every time. Below is a list of provided materials in this section:

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## Health + Safety Information Sheet

### Health + Safety: Introduction

The introduction to this manual introduced EPA's Healthy Indoor Environment Protocols for Home Energy Upgrades. The document is a useful tool for finding solutions for common issues that arise when completing home energy upgrades. This page will highlight some important details in the document in relation to safety when duct sealing.

### Health + Safety: Worker Safety

As mentioned in the introduction, it is required for all contractors to follow OSHA regulations. By law, employers and supervisors are required to ensure that all workers have the correct personal protective equipment. These items include, but aren't limited to:

- Gloves
- Protective clothing
- Knee pads
- Eye protection
- Respirators: Different types of respirators are required for different jobs. Use the Healthy Indoor Environment Protocols for Home Energy Upgrades to verify that your current respirator is compliant with the job.
- Non-contact voltage detectors

*Tip: It is important to keep your PPE in good condition. Having a bag that stores all of your PPE and supplies for cleaning the items will save you time and keep you safe.*

### Health + Safety: Health Hazards

It is important to look for hazards and create a mitigation plan before beginning work. The list below highlights the most important items to identify and mitigate for all duct repair jobs:

- Sewer gases, fuel oil, chemicals and other pollutants in crawl spaces or attics
- Mold-like growth in attics and crawl spaces
- Presence of pest/rodents in crawl spaces or attics
- Lack of CO alarm in all houses with combustion appliances and attached garages
- Unvented combustion appliances
- Combustion air intakes
- Knob and tube wiring
- Vermiculite insulation
- Pipe insulations that are likely to contain asbestos
- Deteriorated interior finishes that may contain asbestos in a friable condition

If any of these conditions exist, follow action items listed in the Healthy Indoor Environment Protocols for Home Energy Upgrades before beginning work.



## CHECKLIST: AIR SEALING SURVEY

## SUCCESS WITH HOME ENERGY UPGRADES

### HOUSE FLOOR PLAN

Create a diagram of the house below:

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## CHECKLIST: AIR SEALING SURVEY

## SUCCESS WITH HOME ENERGY UPGRADES

✓	N/A	ASSESSMENT
<input type="checkbox"/>	<input type="checkbox"/>	1. Complete combustion safety testing before starting work and inform occupant if problems are found.
<input type="checkbox"/>	<input type="checkbox"/>	2. Create a rough sketch of the house floor plan, including all interior walls.
<input type="checkbox"/>	<input type="checkbox"/>	3. Mark areas on the floor plan that may be chases, dropped ceilings and soffits that are adjacent to the attic.
<input type="checkbox"/>	<input type="checkbox"/>	4. Draw conditioned and unconditioned spaces on the floor plan .
<input type="checkbox"/>	<input type="checkbox"/>	5. Mark location of fire hazards (combustion flues, can lights, etc.).
<input type="checkbox"/>	<input type="checkbox"/>	6. Mark remaining areas on the floor plan that need to be sealed.
<input type="checkbox"/>	<input type="checkbox"/>	7. Create a Scope of Work based on the interior assessment

### AIR SEALING LOCATIONS

Look for seams, cracks joints, holes in these locations:

ATTIC		
Top plates of all walls Tongue + Groove Ceilings Chases Soffits Attic Hatches	Can Lights Plumbing Vent Pipes Exhaust Fans Missing wall cavity top plates	Dropped Ceilings Stairwells Chimney/Flue Ductwork
WALL		
Electrical Wire Bottom plates of knee walls	Missing knee wall cavity bottom plates Missing wall cavity top plates	Attic Doors CMU Hollow Cores
FLOOR		
Chases Plumbing	Electrical Blocking of all floor cavities	

JOB INFORMATION	
Assessor Name	Initials
Address	Date



## CHECKLIST: AIR SEALING

## SUCCESS WITH HOME ENERGY UPGRADES

- | ✓                        | N/A                      | PREP  |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 1. Complete a combustion safety test and record the results.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 2. Verify that a ventilation plan is established.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 3. Put on all personal protection equipment (PPE).  |
| <input type="checkbox"/> | <input type="checkbox"/> | 4. Identify all worker and occupant safety hazards.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 5. Identify all potential durability issues.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 6. Address all combustion safety, worker safety, occupant safety and durability issues prior to starting work and notify the occupant. <b>Do not complete work if a life safety hazard is identified.</b> |
| <input type="checkbox"/> | <input type="checkbox"/> | 7. Create a diagram of the attic, walls and/or floor, identifying area needing sealing.   |

- | ✓                        | N/A                      | AIR SEALING   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 8. Remove existing insulation at air sealing locations.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 9. For homes with vented exterior soffits, install protective baffling.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 10. Install insulation dams.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 11. Verify that all wall cavities have six sides. Install additional blocking where necessary.  |
| <input type="checkbox"/> | <input type="checkbox"/> | 12. Install infill material in all extra large holes.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 13. Seal all small, medium and large holes between the unconditioned and conditioned space.   |
| <input type="checkbox"/> | <input type="checkbox"/> | 14. Reinstall removed insulation and install new insulation to align with the air barrier and according to the manufacturer's specifications. Verify that all insulation has no gaps, voids, compression or misalignment. |

- | ✓                        | N/A                      | CLOSE OUT   |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | 15. Clean the work area.                                      |
| <input type="checkbox"/> | <input type="checkbox"/> | 16. Complete a combustion safety test and record the results. |
| <input type="checkbox"/> | <input type="checkbox"/> | 17. Educate occupants on the work completed.                  |

### JOB INFORMATION

Installer Name

Initials

Address

Date




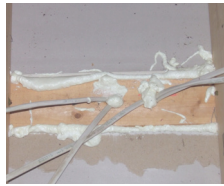




## CHECKLIST: AIR SEALING

## SUCCESS WITH HOME ENERGY UPGRADES

### AIR SEALING GUIDELINES

For seams, cracks, joints, holes and penetrations that are:

1/4-inch or less (small)		1/4 inch to 2 inches (medium)		2 to 3 inches (large)		3 inches or more (extra large)
Seal with caulk.*		Seal with one component foam or mastic.*		Seal with two component foam.		Install an infill material that will not bend, sag or move. Follow guidelines for applicable hole size.
<b>BEFORE</b>	<b>AFTER</b>	<b>BEFORE</b>	<b>AFTER</b>	<b>BEFORE</b>	<b>AFTER</b>	
						

\* Sealants used for larger holes may also be used in these conditions.

### AIR SEALING LOCATIONS

Look for seams, cracks joints, holes in these locations:

ATTIC		
Top plates of all walls	Can Lights	Dropped Ceilings
Tongue + Groove Ceilings	Plumbing Vent Pipes	Stairwells
Chases	Exhaust Fans	Chimney/Flue
Soffits	Missing wall cavity top plates	Ductwork
Attic Hatches		
WALL		
Electrical Wire	Missing knee wall cavity bottom plates	Attic Doors
Bottom plates of knee walls	Missing wall cavity top plates	CMU Hollow Cores
FLOOR		
Chases	Electrical	
Plumbing	Blocking of all floor cavities	



## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

### SEALING CATHEDRAL CEILING SKYLIGHTS

DESIRED OUTCOME: Seams of skylight sealed to prevent movement of air leakage or moisture movement between the attic and conditioned space.

#### MATERIALS

#### TOOLS

Skylight not air sealed.

Skylight fully air sealed.

**✗ BEFORE**



**✓ AFTER**



#### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

*Any evidence of roof leak must be investigated prior to air sealing. (e.g. water staining, discoloration, peeling paint)*

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\* Materials and tools listed are only recommendations and may not include everything needed to complete job.





## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

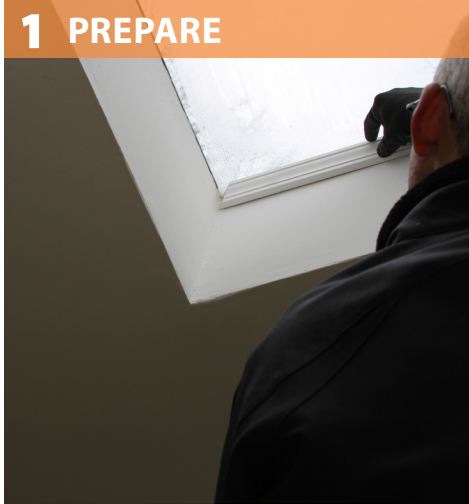
### SEALING CATHEDRAL CEILING SKYLIGHTS

Prepare skylight shaft for air sealing. Remove trim as needed.

Install backer rod or infill, if needed.

Reinstall trim around perimeter of skylight.

#### 1 PREPARE



#### 2 SEAL SKYLIGHT



#### 3 TRIM



Notes:

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## CRITICAL DETAIL: SEALING PENETRATIONS

## SUCCESS WITH HOME ENERGY UPGRADES

DESIRED OUTCOME: Penetrations sealed to prevent leakage and moisture movement between the attic and conditioned space.

### MATERIALS

### TOOLS

Leaking wiring penetration.

Penetration air sealed.

### ✗ BEFORE



### ✓ AFTER



### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

*Select a sealant that meets local code requirements regarding flammability.*

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## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

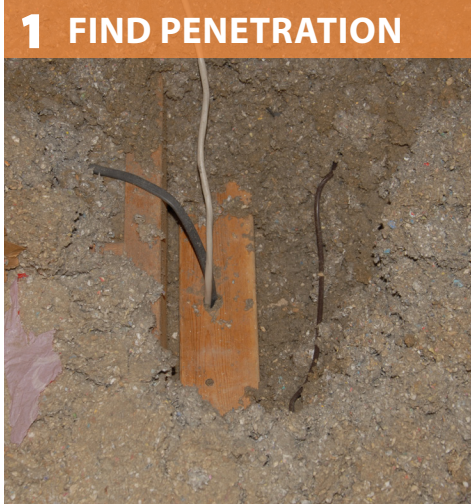
### SEALING PENETRATIONS

Leaking wiring penetration.

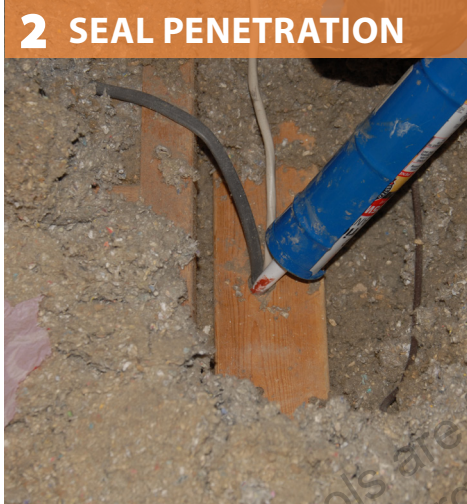
Seal penetration with caulk or foam.

Penetration air sealed.

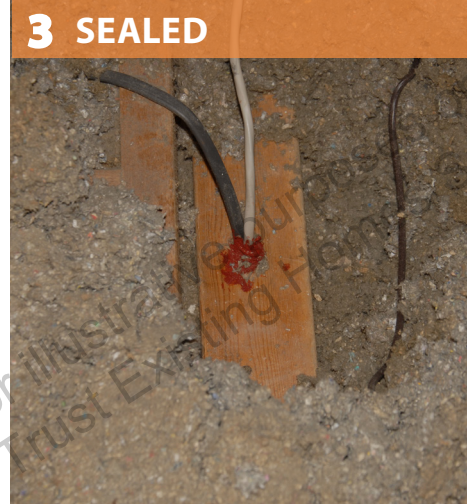
#### 1 FIND PENETRATION



#### 2 SEAL PENETRATION



#### 3 SEALED



Notes:

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## CRITICAL DETAIL:

### SEALING KNEE WALLS

DESIRED OUTCOME: Attic knee walls framed to prevent thermal bypass and sealed to prevent air leakage between attic and conditioned space.

#### MATERIALS

#### TOOLS

Knee wall with incomplete or missing top and bottom plate and no air sealing.

Knee wall with both a top and bottom plate and air sealed.

#### ✗ BEFORE



#### ✓ AFTER

#### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

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## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

### SEALING KNEE WALLS

Remove or adjust insulation to allow access to top and/or bottom of knee wall.

Install top plate or blocking.

Air seal joints, cracks and penetrations including connection between interior surface and framing.

#### 1 REMOVE BATT



#### 2 INSTALL TOP PLATE



#### 3 SEAL



Notes:

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## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

### SEALING TONGUE + GROOVE CEILINGS

DESIRED OUTCOME: Tongue and groove ceilings sealed to prevent air leakage and moisture movement between the attic and conditioned space

#### MATERIALS

#### TOOLS

Unsealed tongue and groove ceiling.

Air sealed tongue and groove ceiling.

✗ BEFORE



✓ AFTER



#### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

*NOTICE: No sealant should be visible in the living space.*

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.



## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

### SEALING TONGUE + GROOVE CEILINGS

Option A: Air seal tongue and groove ceiling.

NOTICE: If air sealant is a foam plastic, it must be covered with an approved thermal barrier (e.g. rockwool, slag wool).

Option B: Install air barrier that is approved for attic exposure.

Air seal backing using a sealant that meets fire barrier specifications.

#### 1 SEAL



#### 2 INSULATE



#### 3 INSTALL BACKING



#### 4 SEAL



Notes:

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## CRITICAL DETAIL:

### SEALING BALLOON FRAMING

## SUCCESS WITH HOME ENERGY UPGRADES

DESIRED OUTCOME: Open wall cavities sealed to prevent air leakage and moisture movement between the attic and conditioned space

#### MATERIALS

Cardboard baffles

#### TOOLS

Hammer stapler

Wall cavities open to attic.

Wall cavities blocked and sealed.

#### ✗ BEFORE



#### ✓ AFTER



#### SAFETY + NOTES

Gloves, appropriate respirator, safety glasses

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## CRITICAL DETAIL: SEALING BALLOON FRAMING

## SUCCESS WITH HOME ENERGY UPGRADES

Prepare work area.

Cover or fill cavity at ceiling height with rigid material. Fasten as needed.

Seal all seams, gaps, and holes in blocking.

Seal all gaps, holes and seams in adjacent framing.

### 1 PREPARE



### 2 INSTALL BLOCKING



### 3 SEAL BLOCKING



### 4 SEAL FRAMING



Notes:

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## CRITICAL DETAIL: CAPPING CHASES

## SUCCESS WITH HOME ENERGY UPGRADES

DESIRED OUTCOME: Chase capped to prevent air leakage and moisture movement between the attic and conditioned space.

### MATERIALS

### TOOLS

Chase open to the attic.

Chase completely capped and air sealed.

### ✗ BEFORE



### ✓ AFTER



### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

*Any evidence of roof leak must be fixed prior to air sealing.*

*If interior surface covering in chase is not appropriately fire rated, the material used to cap the chase must be appropriately fire rated.*

*\* Materials and tools listed are only recommendations and may not include everything needed to complete job.*



## CRITICAL DETAIL: CAPPING CHASES

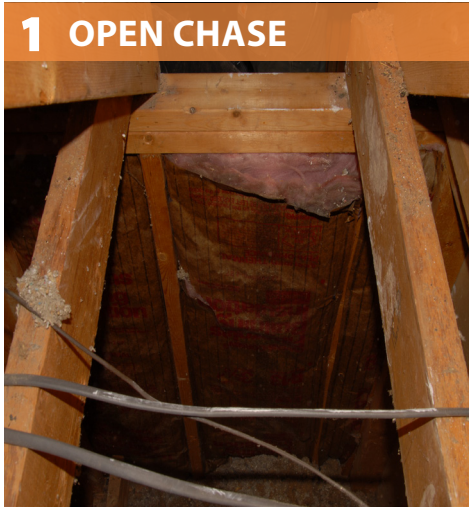
## SUCCESS WITH HOME ENERGY UPGRADES

Chase open to the attic.

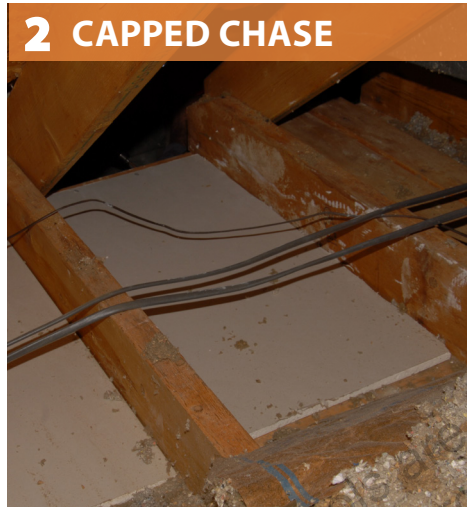
Install cap to cover entire chase.  
Install support material as needed.  
Fasten in place.

Seal all cracks, seams, and holes at  
chase and adjacent framing.

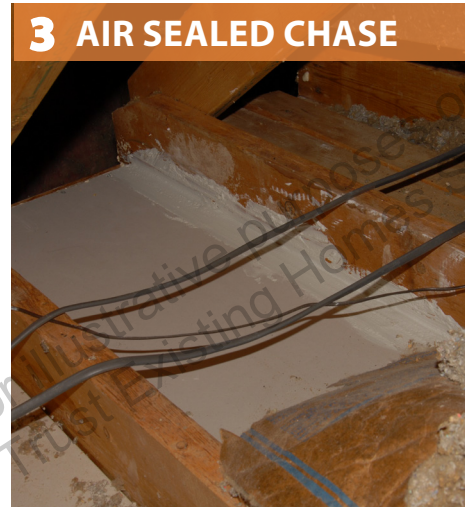
### 1 OPEN CHASE



### 2 CAPPED CHASE



### 3 AIR SEALED CHASE



Notes:

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## CRITICAL DETAIL: CAPPING SOFFITS

## SUCCESS WITH HOME ENERGY UPGRADES

DESIRED OUTCOME: Soffit is capped to prevent air leakage or moisture movement between the attic and conditioned space

### MATERIALS

*Interior cladding: see notes*

### TOOLS

Wall cavities within the SOFFIT/  
DROPPED CEILING are open to the  
attic.

Wall cavities capped and air-sealed.

### ✗ BEFORE



### ✓ AFTER



### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

*If interior surface covering in soffit is not appropriately  
fire rated, the material used to cap the soffit must be  
appropriately fire rated.*

DISCLAIMER: These tools are for  
do not always align with the Energy

\* Materials and tools listed are only recommendations and may not include everything needed to complete job.



## CRITICAL DETAIL: CAPPING SOFFITS

## SUCCESS WITH HOME ENERGY UPGRADES

Prepare work area.

Install support material (e.g., 2X) for spans wider than 24 inches.

NOTICE: If air sealant is a foam plastic, it must be covered with an approved thermal barrier (e.g. rockwool, slag wool).

Install and fasten rigid sheathing over soffit/dropped ceiling.

### 1 PREPARE



### 2 INSTALL SUPPORT



### 3 FIRE RATING



### 4 RIGID SHEATHING



Air-seal all gaps, holes and seams of rigid sheathing.

Seal all gaps, holes and seams in adjacent framing.

### 5 SEAL SHEATHING



### 6 SEAL FRAMING



*Notes: Be cautious when installing support material since excessive hammering may crack interior surfaces (e.g. drywall)*





## CRITICAL DETAIL: CAPPING STAIRWELLS

## SUCCESS WITH HOME ENERGY UPGRADES

DESIRED OUTCOME: Stairwells sealed to prevent air leakage and moisture movement between the attic and conditioned space

### MATERIALS

*Interior cladding: see notes*

### TOOLS

Wall cavities within the stairwell open to the attic.

Whole stairwell capped and air sealed.

### ✗ BEFORE



### ✓ AFTER



### SAFETY + NOTES

*Gloves, appropriate respirator, safety glasses*

*If interior surface covering in stairwell is not appropriately fire rated, the material used to cap the stairwell must be appropriately fire rated.*

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## CRITICAL DETAIL:

## SUCCESS WITH HOME ENERGY UPGRADES

### CAPPING STAIRWELLS

Install support material (e.g., 2X) for spans wider than 24 inches.

**IMPORTANT:** Rigid sheathing must have 15-minute fire rating if interior walls are not fire rated.

Install and fasten rigid sheathing over stairwell.

Air seal all gaps, holes and seams of rigid sheathing.

#### 1 INSTALL SUPPORT



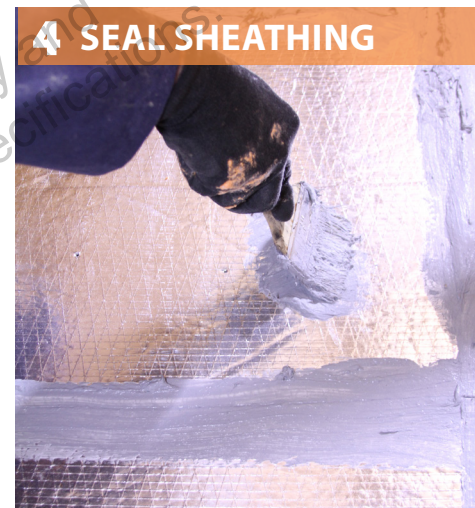
#### 2 FIRE RATING



#### 3 RIGID SHEATHING



#### 4 SEAL SHEATHING



Seal all gaps, holes and seams in adjacent framing at top of stairwell.

*Notes: Be cautious when installing support material since*

*excessive hammering may crack interior surfaces*

*(e.g. drywall)*

#### 5 SEAL FRAMING

