

EPS FIELD GUIDE

ADVANCING EFFICIENT
HOMEBUILDING: VERSION 5



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BUILDING WITH ENERGY TRUST

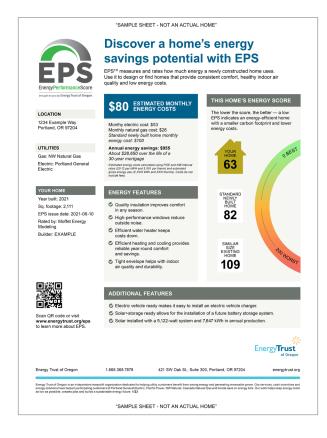
Energy Trust of Oregon works with designers, homebuilders and contractors throughout Oregon to build energy-efficient homes. EPS, brought to you by Energy Trust, is an energy performance score that estimates a home's energy consumption, energy costs and electricity generated from installed solar.

EPS homes offer superior efficiency, comfort and durability. Builders who meet Energy Trust requirements are eligible to receive incentives and access marketing materials to help promote their EPS homes.

To receive an EPS, homes in Oregon must be served by Portland General Electric, Pacific Power, NW Natural, Cascade Natural Gas or Avista.

This EPS Field Guide will help you understand the systems and components that go into building high-performance EPS homes. This includes a full explanation of EPS requirements, along with recommended practices to improve your scores. If you are participating in other home certification programs, make sure you meet any additional requirements as necessary for those programs.

You can learn more about EPS at www.energytrust.org/epsforallies.



BEFORE YOU BUILD

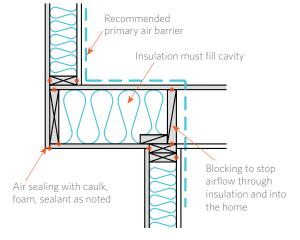
Throughout this guide, each of the following systems and supporting components is noted as a requirement. In order to receive an EPS on a home, you must meet state code and program requirements, and build it at least 5% more efficient than a typical newly built home.

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NOTES ON DRAWINGS WITHIN THIS GUIDE

Throughout the guide, drawings are used to illustrate the recommended practices that meet Energy Trust requirements and recommendations. In all drawings, the blue dashed line (---) indicates the location of the recommended primary air barrier. The red dots (•••) indicate points where air sealing (using caulks, foams, some construction adhesives, gaskets or equivalent materials) will help meet the air tightness recommendations, and the blue corrugated line ()) and thick blue bar () indicate insulation.

Fig. X: Example



DESIGN PHASE

Timeline

The design phase of planning can positively impact a project's timeline. The timeline below outlines essential project milestones.

Efficiency in plans

Homes should be designed and constructed to minimize heat loss and heat gain. Clear communication before, during and after the design phase is essential to ensure that the details discussed in this guide are included in plans and carried out during construction by contractors. The design stage is also the best time to schedule an Early Design Assistance (EDA) meeting with the program.

Conditioned spaces

Any space that is intentionally heated during the winter is identified as a conditioned space. Areas that are not intentionally heated, such as vented crawlspaces, vented attics and garages, are examples of unconditioned spaces. These details should be shown on drawings and specifications and explained to all contractors.

Glazing

In most cases, reducing the glazing area will reduce the amount of energy needed to heat and cool a home. If properly implemented, site selection, window orientation and shading can promote the use of passive solar for keeping the home warm in the winter and prevent overheating in the summer.

Other subcontractors

All subcontractors delivering products or services that are related to program requirements or recommended practices should be given a copy of this guide. It is recommended that the subcontractor bid and scope of work include efficiency requirements to facilitate ownership of efficiency components.

To obtain additional printed copies, contact your verifier, or call the trade ally coordinator at 1.877.283.0698. To download a copy, visit www.energytrust.org/epsfieldguide.

TYPICAL TIMELINE

Builder/verifier Optional: becomes Builder's team participates in an Early Design Assistance meeting

Builder submits construction drawings to verifier

Verifier creates preliminary model

Builder utilizes air barrier/air sealing checklist

Schedule and perform rough inspection (after insulation.

before drywall)

Complete construction of home

Schedule and Receive perform final inspection and testing

incentives

VERIFICATION

EPS REQUIREMENT

- Verification site visits
 - · Verifiers must perform a site visit at rough-in and a site visit when construction is completed

Verifiers and site visits

Verifiers guide you through the process of energyefficient building and inspect homes to ensure that they meet program requirements. A verifier is the key point of contact for all program questions and acts as an energy consultant in order to meet and exceed code. While verifiers are official Energy Trust trade allies, they operate as independent businesses and set their own fees. Verifiers visit each site at least twice during the building process. See the Resources section in the back of this guide for more information on selecting a verifier.

The first (rough) site visit occurs immediately after wall insulation, but before drywall. The verifier will confirm the following items:

- Intermediate and/or advanced framing techniques have been implemented
- Wall insulation meets program requirements
- Compliance with EPS New Construction Air Barrier and Air Sealing Checklist
- Ductwork is installed and sealed to meet program requirements

- Duct leakage testing if system is complete
- Mechanical whole-home ventilation is installed.
- Window NFRC U-Factors are documented. and identified with a label
- Solar ready, solar + storage ready, and electric vehicle (EV) ready infrastructure is installed and labeled, if applicable

The second (final) site visit occurs when the house is complete. The verifier will confirm, or perform, the following items:

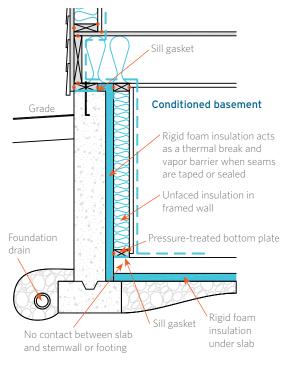
- Blower door testing
- Duct leakage testing if not tested during first site visit
- Record equipment and appliance model numbers
- Energy-efficient lighting meets or exceeds code requirements
- Attic and under-floor insulation meets. program requirements
- Mechanical whole-home ventilation strategy is set to meet program requirements
- Carbon monoxide alarms installed as required
- Zonal pressure relief meets program requirements

Additional site visits may be helpful to assist builders and subcontractors with achieving program requirements. Verifiers may charge for reinspections or additional site visits.

FOUNDATIONS & SLABS

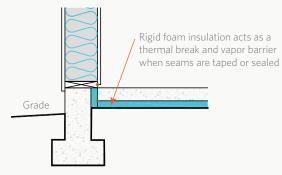
Foundations and slabs are sites of substantial heat loss and possible condensation during cold weather. Slabs and foundation walls between conditioned and unconditioned spaces must be properly insulated in order to minimize these effects.

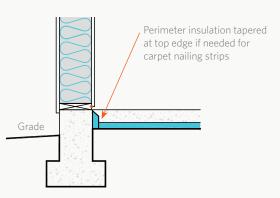
Fig. 1: Insulated slab and foundation wall

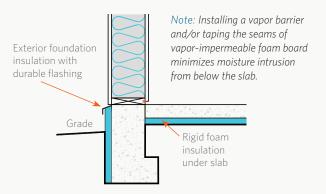


Note: Foundations and slabs should be designed to minimize moisture intrusion. Materials in contact with concrete should be able to withstand moisture. Using closed-cell foam on the foundation wall. such as the taped foam board in this detail, provides a thermal break as well as a vapor barrier when properly installed and sealed.

Fig. 2: Slab insulation options







FRAMING

EPS REQUIREMENT

- ☐ Modified corner allowing full insulation (see fig. 3)
- ☐ Insulated header (see fig. 4)

Walls

Walls are the largest source of heat loss in most new homes due to their size, the amount of framing materials and potential air leakage. Incorporating air sealing, reducing thermal bridging and increasing insulation can enhance wall performance and help improve a home's EPS.

Framing technique & thermal bridging

Framing members that connect the interior drywall to the exterior sheathing allow heat to quickly pass around insulation. This is referred to as thermal bridging, which reduces the insulation properties of walls. Intermediate framing techniques, such as modified corners and insulated headers above windows and doors, allow for increased levels of insulation in walls and reduced thermal bridging. Installing studs 24" on center is a common first step toward advanced framing and can help improve the thermal performance of walls.

Improved wall systems

Installing continuous insulation provides additional insulation and breaks thermal bridges to the exterior. Building staggered double-stud walls increases wall

thickness and the amount of insulation within the wall. By staggering stud layout, or building an advanced wall system, thermal bridges are broken and isolated within the insulation.

Fig. 3: Modified corner allowing full insulation

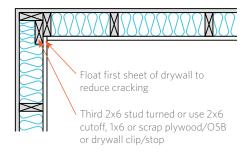
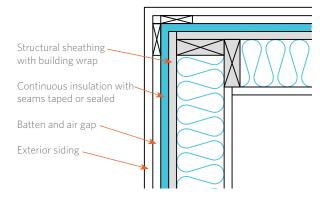


Fig. 4: Insulated header



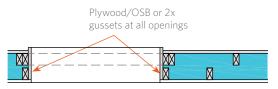
Rigid insulation can be installed on the exterior, the interior or between header framing members to create a thermal break.

Fig. 5: Exterior continuous insulation



Note: Exterior foam increases interior wall temperatures, thereby reducing the possibility of condensation inside the wall itself.

Fig. 6: Staggered double-stud wall



Interior studs may be placed at 24" on center independent of exterior studs and as convenient for interior wall sheathing

Note: Staggered double-stud wall with blown-in insulation reduces thermal bridging.

AIR SEALING

EPS REQUIREMENT

☐ Compliance with EPS New Construction Air Barrier and Air Sealing Checklist

This checklist will help identify areas requiring special attention to air sealing, framing practices and insulation installation. For builders pursuing ENERGY STAR® Home certification, compliance with the Rater Field Checklist may be used in lieu of the Air Barrier and Air Sealing Checklist. If one section of the checklist is more stringent than the other, the more stringent one should be followed.

The Air Barrier and Air Sealing Checklist is available from your verifier and can also be found on the Energy Trust INSIDER website at:

https://insider.energytrust.org/programs/ eps-new-construction/forms-and-resources

EPS REQUIREMENT

- ☐ Blower door testing
 - · All homes must have a final blower door test performed by an Energy Trust-approved verifier
 - · Testing shall follow program-approved certification testing protocol

Air leakage can occur at locations between conditioned and unconditioned spaces where incomplete air barriers exist, or at unsealed connections between air barrier materials. In addition to increased heating and cooling costs, uncontrolled air leakage can cause occupant discomfort and drive moisture through envelope penetrations. Plumbing, electrical and mechanical penetrations as well as framed bypasses should be sealed to minimize air leakage between conditioned and unconditioned spaces.

Air barrier materials should consist of rigid materials (drywall, oriented strand board, duct board or any other stiff product) that may support the load of insulation while serving as a durable air barrier or semi-rigid materials (sheet metal, foam board or treated cardboard) that do not allow air to flow through. Fibrous insulation, Foil Scrim Kraft (FSK) and housewrap products do not qualify as air barrier materials.



Fig. 7: Foam sill sealer installed at top plate



Foam sill sealer installed at the top plate to minimize air leakage to and from the attic

Note: Air sealing materials such as spray foam, caulk and adhesives can be used to reduce air leakage at penetrations, seams and transitions between air barrier materials.

EPS REQUIREMENT

- ☐ Insulation dams must be installed at all edges of attic insulation
- ☐ Weatherstripping or gaskets must be installed around attic and crawlspace access hatch and recessed lighting
 - · Attic hatch air sealing and insulation match ceiling R-value (see fig. 8)
 - · Insulation Contact Air Tight (ICAT) rated fixture (see fig. 9)

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Fig. 8: Attic hatch air sealing and insulation

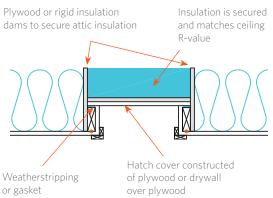


Fig. 9: Insulation Contact Air Tight (ICAT) rated fixture

Airtight wire connection

and/or manufacturerprovided gasket

Seal gap between drywall and light fixture housing using caulk recessed light

Note: While penetrations must be air sealed, junction boxes should be accessible for repairs and inspections.

Recommended practice: Air seal rough openings, gaps and other penetrations through the attic prior to installing insulation and finish work. For more details, reference the EPS New Construction Air Sealing Quick Reference Guide, found on the Energy Trust Insider website: insider.energytrust.org/programs/eps-new-construction/forms-and-resources.



Fig. 10: Penetrations around duct using fibrous insulation do not seal the attic against air movement to the chase.



Fig. 11: All penetrations properly sealed with a rated air barrier.



Fig. 12: Top plate is not air sealed, connecting attic air to interior wall.



Fig. 13: Top plate to drywall connection is sealed with all gaps and cracks covered.

EPS REQUIREMENT =

- ☐ Air-sealed flue (see fig. 14)
- ☐ Air-sealed fireplace (see fig. 15)
- ☐ Air sealing behind tub/shower (see fig. 16)

Fully insulate walls and sheath interior surface of exterior walls before installing tubs, showers or fireplaces. Extra attention may be needed to ensure flue and gas line penetrations are properly blocked and sealed at the air barrier/walls behind fireplaces.

Install tubs/showers on interior walls, when possible, to avoid the complications associated with air sealing and insulating at exterior walls. Block and seal plumbing penetrations. Check with your local jurisdiction for approved rigid air barrier materials allowed in confined, enclosed spaces.

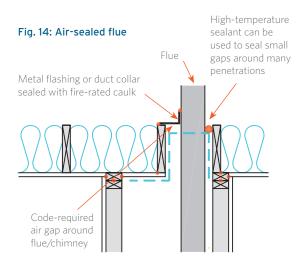


Fig. 15: Air-sealed fireplace

Seal seams and penetrations in rigid air barrier

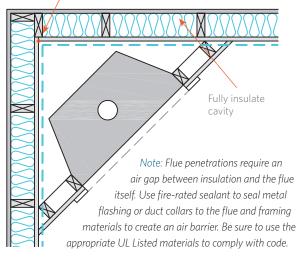
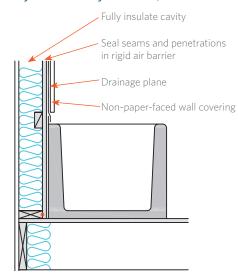


Fig. 16: Air sealing behind tub/shower



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EPS REQUIREMENT

- ☐ Air sealing and insulating knee walls and attic rooms (see fig. 17)
- ☐ Insulating skylight shafts (see fig. 18)

Fig. 17: Air sealing and insulating knee walls and attic rooms Furr ceiling down to allow for full insulation and code-required air space above baffle

Rigid sealed air barrier to meet flame spread/smoke requirements

> Unconditioned attic space

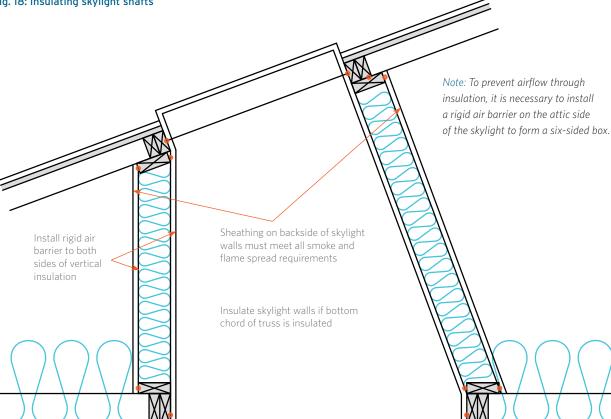


Do not

compress

material





INSULATION

EPS REQUIREMENT

- ☐ Insulation and framing inspections
 - · Intermediate framing as defined by local code, including but not limited to: 16" on center stud spacing, insulated headers, exterior wall intersections and modified, insulated corners
 - Thermal barrier insulation must be installed to RESNET® Grade I standards with no gaps, voids, compression or misalignment
 - In insulated wall assemblies, insulation must be enclosed and in contact with an air-sealed, rigid air barrier on all sides, creating a six-sided box
 - In insulated attics, insulation at vertical edges must have a rigid air barrier, or insulation dam, that extends above the full height of the insulation
 - Floor insulation must be in full contact with subfloor above and properly supported (see fig. 19)
 - Floor insulation above garages and exterior cantilevers requires a full air barrier on the underside of insulation
 - Open web floor joists with batt insulation must use batts of the same width as the joist spacing and be installed so that the batt expands/ extends into the joist webbing
 - When ductwork is installed in open web floor assemblies, spray-applied or loose-fill insulation is required
 - · Cut or split insulation around wiring in exterior walls (see fig. 21)

All thermal barrier insulation should be installed to the manufacturer's specifications. Building cavities must meet Grade I requirements with no voids, gaps or compression. All insulation must be in contact with the appropriate air barrier to complete the thermal barrier.

Open web joists require specific attention to assure Grade I insulation and alignment of the thermal barrier and air barrier. For batt insulation in open web floor joists, ensure that a wide batt is installed to extend into the joist webbing. For example: floor joists 24" on center must use 24" batts so that the extra width of the batt expands/extends into joist webbing.

Pay attention to construction sequencing to ensure that rim joists between floors are insulated before final framing makes them inaccessible.

Batt insulation should be cut to fit and placed around electrical boxes, plumbing pipes and mechanical equipment in wall cavities, floor and rafter bays or attic spaces. Blown insulation typically provides easier Grade I compliance with no gaps, compression or misalignment.

Insulation in attics will perform best when installed to full depth without excessive compression. Raised/energy-heel trusses should be used to maximize the performance of ceiling insulation at attic perimeters.

Fig. 19: Proper floor insulation installation

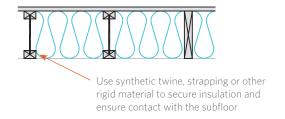


Fig. 20: Raised/energy-heel trusses

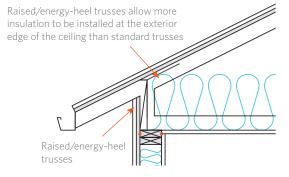


Fig. 21: Correct insulation around wiring in exterior wall

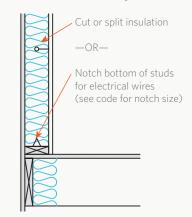




Fig. 22: Insulation has been compressed and has multiple gaps.



Fig. 23: Well-fit insulation. filling the cavity, with no gaps or cracks.



Fig. 24: Insulation batts are not aligned and have many compressions.



Fig. 25: Insulation is frictionfit, has no gaps or cracks, and fills the cavity.

WINDOWS & DOORS

EPS REQUIREMENT

- ☐ Windows tested and rated by National Fenestration Rating Council (NFRC)
 - · Windows must be tested and rated by the NFRC, and the rating labels must remain on windows until they are documented by a verifier

Windows can lose heat more than five times faster than a typical wall assembly rated at R-21. To reduce heat loss in homes, window glazing area should be limited.

Skylights and glass doors (french and sliding doors) must be included in glazing area and average U-Factor calculations. Contact your verifier for guidance on glazing for your projects.

Verifiers will need to collect the U-Factor and Solar Heat Gain Coefficient (SHGC) for all the windows in the home. This is typically done at the first site inspection.

Please leave stickers on windows until they have been recorded, or verifiers will request a copy of the purchase order to confirm window values.

Fig. 26: Example NFRC label



World's Best Window Co.

Millennium 2000+ Vinyl-Clad Wood Frame Double Glazing • Argon Fill • Low E Product Type: Vertical Slider

ENERGY PERFORMANCE RATINGS

U-Factor (U.S./IP)

Solar Heat Gain Coefficient

ADDITIONAL PERFORMANCE RATINGS

Visible Transmittance

Air Leakage (U.S./IP)

Manufacturer stipulates that these ratings conform to applicable NFRC procedures for determining whole product performance. NFRC ratings are determined for a fixed set of environmental conditions and a specific product size. Consult manufacturer's literature for other product performance information.

EPS REQUIREMENT □ Duct sealing and testing

HEATING &

• All ducts must be sealed with mastic paste

COOLING SYSTEMS

- · Flex duct must be fully extended and both interior and exterior sleeves of flex duct must be mechanically fastened using nylon draw bands and manufacturerapproved tensioning tool
- · Ducts may not be installed within exterior wall cavities or a garage ceiling unless $\geq \frac{2}{3}$ of the R-value of the wall or ceiling assembly is installed between the exterior wall surface and the duct
- When ducts are installed in open web floor assemblies over unconditioned space with the intention to bring ducts inside, the following also applies:
 - An air barrier must be installed to bring the ducts within the thermal and air barriers of the home
 - Ducts must be in direct contact with the subfloor. except where truss members interfere
 - A minimum R-19 insulation must be installed under all duct runs
- · Building cavities may not be used to transport air
- · Testing shall follow program-approved certification testing protocol

Duct design, installation, sealing and insulation are critical to heating system performance. Without proper sealing and insulation, up to 20% of the heat distributed through a ducted heating system can be lost to the surrounding space through leaks or conducted through insulation. To ensure proper delivery of conditioned air, duct systems should be designed based on the home size, layout, insulation levels and air leakage (Manual D). Ducts should be installed with minimal turns and flexible ducting should be pulled tight and fully extended.

HVAC system design, selection and installation

Proper design, selection and installation of a heating and cooling system are essential for an efficient and comfortable home. Information specific to each house, such as conditioned square footage, surface areas and U-Factors, detailed air leakage and ventilation information, equipment efficiency and duct design and leakage should be used to design heating and cooling systems so that equipment is properly sized.

Fig. 27: Rigid duct sealed with mastic paste and flex duct mechanically fastened at inner and outer sleeves with nylon draw bands



Fig. 28: Nickel-thick mastic



Install ducts inside conditioned space

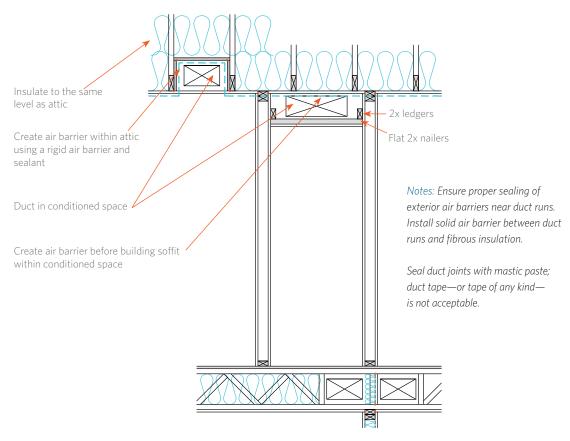
Homes should be designed to accommodate placement of ducts and heating systems inside conditioned spaces.

Before construction begins, plan duct and heating system placement with your designer, HVAC contractor and other trades.

To meet program designation as a ducts-inside home, requirements include, but are not limited to, the following:

- Heating equipment and all ductwork must be located inside the air/thermal barriers. Up to 10 feet of ductwork can be located outside of the thermal envelope.
- Rim joists between floors must be sealed and verified
- Joints and seams in ductwork must be mechanically fastened, sealed with mastic paste and verified
- Soffits containing ductwork must be sealed and verified
- Chases containing ductwork must be sealed, insulated and verified
- Building cavities may not be used as ductwork
- When ducts are installed in floor systems over unconditioned spaces, the entire floor assembly must be insulated with full-depth, blown-in insulation; batts are not allowed

Fig. 29: Strategies to bring ducts inside



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Fig. 30: Mechanical seal (Panduit strap or zip tie) is not connecting flexible duct to metal boot.



Fig. 31: Installer is securing the flex duct to the boot with a mechanical fastener to provide a seal.



Fig. 32: Duct sealing mastic was used too thinly and does not fill the holes.



Fig. 33: Mastic is nickel thick and covers both connections and gores to ensure a tight seal.

Duct sealing and testing

Seal all seams, joints, elbows and connections with mastic paste to minimize air leakage. Apply mastic paste to a minimum thickness of a nickel. Pay special attention to connections at the plenum, including start collars and behind air handler cabinets. Mastic paste is not required on blower cabinet service panels that are intended to be removed for unit service.

EPS REQUIREMENT

- ☐ Gas heating equipment used for primary space heat is required to be sealed combustion or direct vent, located in the main living area and controlled by a thermostat that meets local code requirements
 - Gas fireplaces used for primary space heat must be currently listed on the qualified models list

Gas heating in small homes

Small homes with open floor plans can be comfortably heated with an approved gas fireplace, gas unit heater or hydronic system. Gas fireplaces and gas unit heaters used for primary space heat must be either sealed combustion or direct vented, located in the main living area and controlled by a programmable thermostat. Electric resistance wall heaters can be placed in bedrooms and bathrooms for supplemental spot heating. Unvented combustion heating appliances are not permitted.

EPS REQUIREMENT :

The program may request:

☐ HVAC system sizing and selection

- Proof of proper equipment sizing or heat pump commissioning documentation. During the HVAC system design process, duct sizing calculations need to be undertaken to meet the requirements of ACCA 1 Manual D[®] - 2016
- ☐ Heat gain/loss load calculations
 - Follow an appropriate methodology/procedure to perform building load calculations per ACCA Manual J® or other approved equivalents per the authority having jurisdiction
- □ Equipment capacity selection
 - The contractor shall use original equipment manufacturer (OEM) performance information and shall adhere to RESIDENTIAL APPLICATIONS, ACCA Manual S®

Fig. 34: Mini split heat pump head



Heat pump commissioning

To ensure optimal performance, heat pump installers are expected to follow manufacturer's commissioning specifications for sizing, controls, airflow and refrigerant charge. Mini split heat pumps are exempt from commissioning requirements.

Mini-split heat pumps

Mini split systems with variable speed compressors, or inverter drives, efficiently heat and cool homes. As with any heating system, mini-split heat pumps should be properly sized for each location using whole-home load calculations from an HVAC contractor. Electric resistance heating is sometimes used to supplement heating demands in rooms isolated from the main heating area.

EPS REQUIREMENT

- ☐ Installation of zonal pressure relief
 - Bedrooms with multiple supplies require a jumper duct, transfer grille, dedicated return or HRV/ERV duct
 - Bedrooms with one supply, but without a return, may fulfill this requirement with a minimum 1" door undercut
 - · Zonal pressure relief strategies (see fig. 35)

Zonal pressure relief

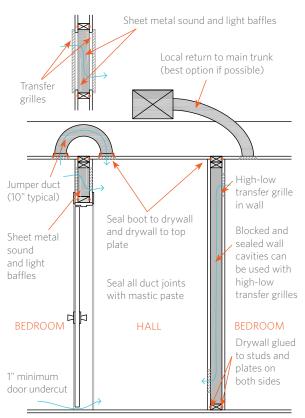
Closing bedroom doors can restrict air movement between supply and return registers, causing pressure imbalances in homes. This has been proven to increase house air leakage and can negatively affect occupant comfort. Properly designed duct systems will include return air pathways between all supply and return duct registers. Return air pathways may include door undercuts, transfer grilles above doors, high-low transfer grilles, jumper ducts, individualroom returns or HRV/ERV ducts.

Zonal pressure relief is required in all homes with ducted heating systems.

Combustion appliance safety

All combustion appliances must be properly vented, operate in a safe manner and have suitable combustion air to meet local building codes and standards. Proper installation, operation and venting of combustion appliances can help ensure safety and that indoor air quality is not compromised.

Fig. 35: Zonal pressure relief strategies



EPS REQUIREMENT

- ☐ Installation of carbon monoxide alarms
 - Carbon monoxide alarms must be installed according to local jurisdiction requirements

MECHANICAL VENTILATION SYSTEMS

EPS REQUIREMENT

- ☐ Installation and verification of balanced whole-house mechanical ventilation system*
 - Ventilation system must be balanced and provide continuous or intermediate fresh air to the home at the following rate:
 - Ventilation Cubic Feet per Minute (CFM) = (bedrooms +1) × 7.5 + (0.01 × conditioned area)

*See pages 34 and 35 for additional requirements concerning your ventilation strategy and verification.

A tightly constructed house with reliable whole-house mechanical ventilation will have improved comfort and indoor air quality. Below is the whole-house ventilation guideline for Oregon:

Whole-house ventilation is required to be balanced.

Ventilation airflow testing

To ensure that adequate fresh air is being delivered to the home, airflow through the ventilation system must be measured. Depending on the ventilation strategy and design, measurement equipment may be a pitot tube, flow hood, anemometer or other equivalent tools. Balanced ventilation systems are a combination of exhaust and supply methods providing approximately equal indoor exhaust and outdoor supply airflow.

Ventilation controller settings

Ventilation controllers can operate single fans, multiple fans or combinations of individual fans and heating systems. Controller settings can be based on a number of factors, including airflow rates, home size, number of occupants, run times and combinations thereof. In order to ensure that the ventilation system is providing enough fresh air over a 24-hour period, your HVAC contractor or program verifier should set the controller and measure airflow as a part of commissioning. Balanced whole-house mechanical ventilation system shall be provided with controls that enable manual override and are labeled so that the homeowner is aware of where to turn the system on and off.

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Intermittent ventilation

If a house has an intermittent ventilation system, the whole-house ventilation rates must be as follows:

- In Oregon the system must run for at least 25% of each 4-hour segment.
- Verify that the fresh air intake sticker (see fig. 36) has been placed adjacent to the balanced ventilation control switch.

EPS REQUIREMENT

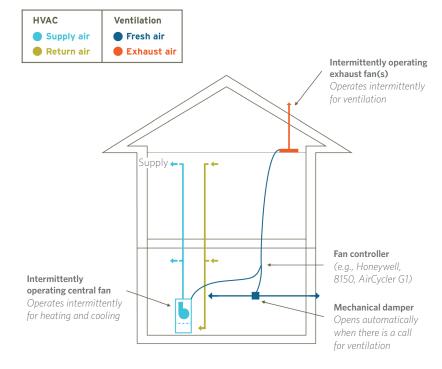
- ☐ Continuous ventilation systems
 - · Verify 24-hour operation
 - · Verify damper is installed, fully operational, and closes when system is turned off.
- ☐ Intermittent ventilation systems
 - · Verify motorized damper is installed and fully operational
 - · Verify controller is properly commissioned based on airflow rate, occupancy, home size, cycle times and other applicable settings
 - · For intermittent ventilation systems, adjust the continuous flow rate to an intermittent rate
- ☐ Whole-house exhaust fans must have a sone rating of 1.0 or less when used for balanced ventilation
- ☐ Whole-house exhaust fans will be tested to ensure flow rates meet ASHRAE 62.2

EPS encourages builders to place this sticker on the manual switch for the whole home ventilation system

Fig. 36: Fresh air intake sticker

FRESH AIR INTAKE Your heating and cooling system includes a fresh air intake that should remain **ON** for healthier indoor air. Turn OFF only when outdoor air quality is poor. Don't forget to turn your system back **ON** when outdoor air quality improves. **Energy Trust**

Fig. 37: Fresh air intake tied to HVAC



Central fan integrated, intermittent + exhaust, without heat recovery

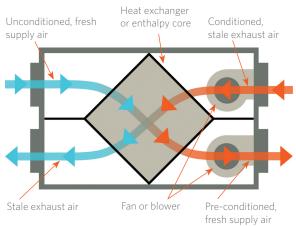
Heat/energy recovery ventilation

HRVs/ERVs simultaneously supply fresh air and exhaust stale air throughout the home. These systems can be used to reduce energy loss from mechanical air exchange by tempering incoming air. They provide balanced ventilation and can minimize pressure imbalances. These systems perform best when installed as independently ducted systems providing fresh air to individual rooms. Some systems can be

integrated with heating ducts; however, extra time and design consideration is needed to ensure proper connections, run times, fan settings and airflow.

Spot HRVs/ERVs provide the same sort of balanced ventilation, but they do not have a ducted distribution system. These units either exhaust or supply air in a single room/location and can be used to provide ventilation in smaller homes.

Fig. 38: Heat/energy recovery ventilator



Note: Whole-house mechanical ventilation systems with supply air capabilities should be designed to provide fresh air to all conditioned areas of the home. Follow manufacturer quidelines on insulating the ductwork.

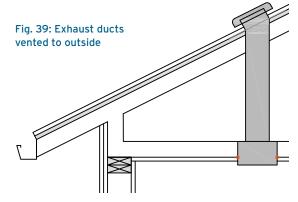
For optimal performance, HRV/ERV ducts should be sealed and insulated. Ducts in unconditioned spaces and ducts connected to the outside should be insulated to reduce condensation and heat loss. When selecting and designing your systems be sure to properly size the equipment and consult the Home Ventilation Institute to select the most efficient equipment. To get the best performance and efficiency, look for units with Adjusted Sensible Recovery Efficiencies (ASRE) of 80% or higher and fan consumption of 0.75 watts/ CFM or less. Refer to manufacturer instructions to properly test and balance airflow.

EPS REQUIREMENT

- ☐ Exhaust in full baths and laundry rooms
 - · Vented to outside with a dedicated termination
 - · System shall be controlled by a dehumidistat, timer or similar means of automatic control
 - Rated at 2.0 sones or less
 - Tested to provide at least 80 CFM, +/- 15 CFM, when operated intermittently or 20 CFM continuously

Local exhaust

In addition to the whole-house mechanical ventilation strategy, homes must also install code-required local exhaust. Exhaust fans installed in full baths. laundry rooms and spa facilities must meet program requirements for sound and minimum flow rates.



Recommended practice: Exhaust duct runs should be short, free of sharp turns, vented to the outside with a dedicated roof vent and insulated to reduce the likelihood of condensation. Flexible ducts should be fully extended and cut to the shortest possible length.

If exhausting through a sidewall vent, ensure that fan outlet is pointed toward the direction the duct will terminate.

WATER HEATING & LIGHTING

EPS REQUIREMENT

- ☐ If installing heat pump water heaters
 - Heat pump water heaters must be currently listed on the NEEA Advanced Water Heating Specification Qualified Product List found here: www.neea.org/img/documents/qualified-productslist.pdf

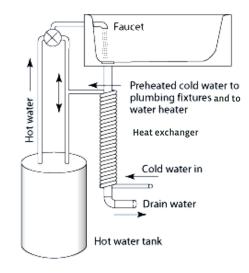
Water heater

Tankless, condensing and heat pump water heaters are higher-efficiency alternatives to standard storage water heaters. Be sure to consult manufacturer recommendations and instructions for capacity, installation locations, air supply and other specific equipment requirements.

Drain-water heat recovery

Drain-water heat recovery technology works well with all types of water heaters. Drain-water heat exchangers can recover heat from the hot water used in showers. bathtubs, sinks, dishwashers and clothes washers.

Fig. 40: Drain-water heat recovery system



Lighting

Using high-efficiency lighting can reduce a homeowner's energy consumption. Refer to your local jurisdiction lighting requirements.

LEDs offer the following benefits:

- Dimmable
- Attractive in exposed fixtures
- Wide spectrum of color tones
- Last at least 15 times longer than traditional incandescent bulbs
- More cost-effective over time
- Durable and contain no mercury

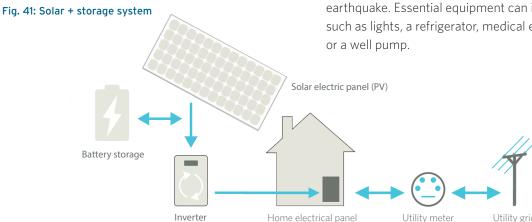
SOLAR AND SOLAR + STORAGE SYSTEMS

Installations of solar or solar + battery storage on EPS homes must be completed by an approved Energy Trust solar trade ally contractor in order to qualify for solar or solar + storage incentives.

For more information on available incentives, or to find a solar trade ally, go to: www.energytrust.org/solar.

Solar electric (photovoltaic or PV)

A solar electric system uses the sun's energy to produce electricity. Depending on the number of solar panels installed, the system can produce a portion or all of the electricity needed by a home, substantially lowering the homeowner's electricity bills.





Solar + storage (battery storage)

A solar + storage system stores solar power in the battery to use for essential equipment during routine power outages or outages caused by disasters like an earthquake. Essential equipment can include items such as lights, a refrigerator, medical equipment

Fig. 42: Solar ready roof Non-flexible metal conduit stubbed into attic with 4"x4" junction box above insulation 200 sq. ft. roof area is reserved for future solar electric panel system and is

clear of any obstructions

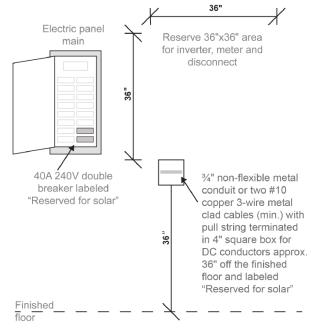
SOLAR READY

SOLAR READY REQUIREMENT

- ☐ Proper installation of solar ready features
 - · To qualify as solar ready, projects must meet the following requirements:
 - Energy Trust's Solar Ready Residential Installation Requirements*
 - A completed Solar Ready Checklist* must be submitted for the home
 - All equipment must be properly labeled
 - Solar ready roof (see fig. 42)
 - Solar ready electric panel and surrounding area configuration (see fig. 43)

*The installation requirements and checklist can be found at www.energytrust.org/solarready.





As an alternative to constructing a solar-equipped home, solar ready infrastructure can be installed to prepare for a future solar electric system. The solar ready installation requirements are designed to ensure that preliminary work done to make a home solar ready is in compliance with Energy Trust's full solar installation requirements and will result in a more attractive and less costly installation in the future.

Incorporate solar ready infrastructure at the design phase to best accommodate solar roof area, electric panel breaker space and space near the electric panel for a future inverter and balance of systems.

NET ZERO AND SOLAR + STORAGE

Net zero

A net-zero home includes a solar system that produces as much electricity as the home uses over a year, substantially lowering the homeowner's electric bills.

Solar + storage installed

A solar + storage home includes a solar system paired with a battery to store solar power to use during power outages.

SOLAR EARLY DESIGN ASSISTANCE REQUIREMENT

Hosting a solar EDA with a solar trade ally to make the most of the development's solar potential and to identify the energy-saving features is critical to ensuring that design changes to the roof or efficiency measures can be incorporated into the home. Additionally, your solar trade ally can help determine whether the solar or solar + battery storage system is eligible for incentives, tax credits or other available funding.

Fig. 44: Net zero and solar + storage installed requirements comparison

Incentive*	Solar EDA	Minimum EPS Efficiency	Energy Trust Solar Incentive	Energy Trust Storage Incentive
NET ZERO	Host an early design assistance meeting that includes the builder, verifier and solar trade ally contractor.	EPS home, at least 5% above 2023 Oregon Residential Specialty Code (ORSC) baseline. Homes that include natural gas must have gas savings at least 5% above baseline.	Solar installed that received Energy Trust incentives. Solar must offset 100% of the electric load.	N/A
SOLAR + STORAGE INSTALLED	Host an early design assistance meeting that includes the builder's team, verifier, solar trade ally contractor and electrician.	EPS™ home, at least 5% above 2023 ORSC baseline.	Solar installed that received Energy Trust incentives.	Storage installed that received Energy Trust incentives.

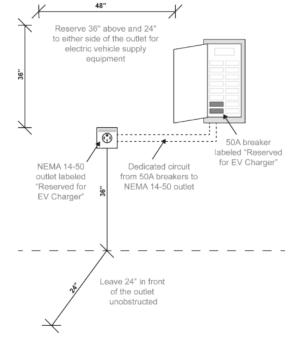
^{*}The installation requirements and checklist can be found at www.energytrust.org/epsforallies.

EV READY

EV READY REQUIREMENTS

- ☐ The EV ready installation requirements are designed to ensure that preliminary work done to make a home EV ready will result in a more attractive and less costly installation in the future.
- ☐ Incorporate EV ready infrastructure into the design phase to best accommodate wall space, breaker space and location of conduit.
- ☐ To qualify as EV ready, projects must meet the following requirements:
 - Dedicated 50A breaker
 - Located at the opposite end of the panel busbar from the main service feeder
 - Labeled "Reserved for EV Charger"
 - Dedicated branch circuit from 50A breaker to NEMA 14-50 outlet
 - · NEMA 14-50 outlet located adjacent to the parking stall
 - Reserved 36"x48" area above the outlet left unobstructed for the future installation of wallmounted EV charger
 - Reserved 24" area directly in front of the outlet left unobstructed to ease use of EV charger
 - · Clearly posted label on or near the electrical panel stating that "This Home is EV Ready"

Fig. 45: Components of an EV ready installation



- ☐ NEMA 14-50 outlets can be installed in the garage or outdoors, beside the driveway:
 - Indoor
 - Branch circuit terminates at a NEMA 14-50 outlet
 - Installed in a 4"x4" recessed deep metal box
 - Mounted 36" above the finished floor
 - Labeled "Reserved for EV Charger"
 - Outdoor
 - Branch circuit terminates at an outdoor-rated NEMA 14-50 outlet, listed for the environment
 - Mounted 36" above the ground
 - Labeled "Reserved for EV Charger"

RESOURCES

Energy Trust resources

For more information about EPS New Construction and to find a verifier or technician, visit

www.energytrust.org/epsresources or contact the trade ally coordinator at 1.877.283.0698.

For upcoming trainings:

www.energytrust.org/trainingcalendar

For online trainings related to the EPS requirements: insider.energytrust.org/programs/ eps-new-construction/training

For more on solar ready installation and to download a copy of the Solar Ready Residential Installation Requirements or the Solar Ready Checklist:

www.energytrust.org/solarready

For more information on adding solar or solar + storage to your new home construction project, or to contact a qualified solar trade ally: www.energytrust.org/solar

For easy access to EPS Field Guide resources: www.energytrust.org/epsfieldguide

For TA enrollment, Technical Info and Requirements and Incentive Forms:

insider.energytrust.org/programs/ eps-new-construction/forms-and-resources

Other resources

For training, technical and marketing resources from a range of home certification programs, visit Northwest Energy Efficiency Alliance's (NEEA) Residential New Construction program at:

www.betterbuiltnw.com

Building and energy efficiency information:

www.energystar.gov www.ahridirectory.org

Qualified products

Direct-vent fireplaces:

www.energytrust.org/fireplace

NEEA's Advanced Water Heating Specification **Qualified Product List:**

www.neea.org/advancedwaterheaterspec

EPS REQUIREMENT ———

□ Verification site visits

· Verifiers must perform a site visit at rough-in and a site visit when construction is completed

□ Framing

- · Modified corner allowing full insulation (see fig. 3)
- Insulated header (see fig. 4)

☐ Compliance with EPS New Construction Air Barrier and Air Sealing Checklist

- · Builders who consistently achieve final infiltration rates ≤ 4.0 ACH50 may fulfill this requirement by complying with the Air Barrier section only
- Fibrous insulation and housewraps do not qualify as air barrier materials

□ Blower door testing

- All homes must have a final blower door infiltration test performed by an Energy Trust approved verifier
- · Testing shall follow program-approved certification testing protocol

□ Air sealing

- · Insulation dams must be installed at all edges of attic insulation and attic accesses must be insulated
- Weatherstripping or gaskets must be installed around attic and crawlspace access covers and recessed lighting
- Attic hatch air sealing and insulation match ceiling R-value (see fig. 8)
- · Insulation Contact Air Tight (ICAT) rated fixture (see fig. 9)
- · Air-sealed flue (see fig. 14)
- · Air-sealed fireplace (see fig. 15)

- Air sealing behind tub/shower (see fig. 16)
- · Air sealing and insulating knee walls and attic rooms (see fig. 17)
- Insulating skylight shafts (see fig. 18)

☐ Insulation and framing inspections

- · Intermediate framing as defined by local code, including but not limited to: 16" on center stud spacing, insulated headers, exterior wall intersections and modified, insulated corners
- · Thermal barrier insulation must be installed to RESNET Grade I standards with no gaps, voids, compression or misalignment
- · In insulated wall assemblies, insulation must be enclosed and in contact with an air-sealed, rigid air barrier on all sides, creating a six-sided box
- · In insulated attics, insulation at vertical edges must have a rigid air barrier, or insulation dam, that extends above the full height of the insulation
- Floor insulation must be in full contact with subfloor above and properly supported
 - Floor insulation above garages and exterior cantilevers requires a full air barrier on the underside of insulation
 - Open web floor joists with batt insulation must use batts of the same width as the joist spacing and be installed so that the batt expands/extends into the joist webbing
 - When ductwork is installed in open web floor assemblies, spray-applied or loose-fill insulation is required
 - Floor insulation installation shall be in contact with subfloor and secured (see fig. 19)
 - Correct insulation around wiring in exterior wall (see fig. 21)

☐ Windows tested and rated by National **Fenestration Rating Council**

 Windows must be tested and rated by the NFRC, and the rating labels must remain on windows until they are documented by a verifier

□ Duct sealing and testing

- All ducts must be sealed with mastic paste and tested following Program Standards and Testing Procedures specifications for new ducts
- Flex duct must be fully extended and both the interior and exterior sleeves of flex duct must be mechanically fastened using nylon draw bands and manufacturer-approved tensioning tool
- Ducts may not be installed within exterior wall cavities or a garage ceiling unless ≥ 2/3 of the R-value of the wall or ceiling assembly is installed between the exterior wall surface and the duct
- When ducts are installed in open web floor assemblies over unconditioned spaces with the intention to bring ducts inside, the following also applies:
 - An air barrier must be installed to bring the ducts within the thermal and air barriers of the home
 - Ducts must be in direct contact with the subfloor, except where truss members interfere
 - A minimum R-19 insulation must be installed under all duct runs
 - The entire floor assembly must be insulated with full-depth, blown-in insulation; batts are not allowed
- · Building cavities may not be used to transport air

- ☐ Non-ducted gas heating equipment requirements for primary space heat. Sealed combustion or direct vent, located in the main living area and controlled by a programmable thermostat
 - · Gas fireplaces used for primary space heat must be currently listed on the qualified models list found here: www.energytrust.org/fireplace

☐ Installation of zonal pressure relief

- Bedrooms with multiple supplies require either a jumper duct, transfer grille, dedicated return or HRV/ERV duct
- · Bedrooms with one supply, and without a return, may fulfill this requirement with a minimum 1" door undercut
- · Zonal pressure relief strategies (see fig. 35)

☐ Installation of carbon monoxide alarms

· Carbon monoxide alarms must be installed according to local jurisdiction requirements

☐ Installation and verification of whole-house mechanical ventilation system

- · Ventilation system must be balanced and provide continuous fresh air to the home at the following rate:
 - Ventilation CFM = (bedrooms +1) × 7.5 + (0.01 × conditioned area)

☐ Continuous ventilation systems

- · Verify 24-hour operation
- · Verify damper is installed, fully operational, and closes when system is turned off.

□ Intermittent ventilation systems

- · Verify motorized damper is installed and fully operational
- Verify controller is properly commissioned based on airflow rate, occupancy, home size, cycle times and other applicable settings
- · For intermittent ventilation systems, adjust the continuous flow rate to an intermittent rate when used as part of the balanced ventilation strategy

☐ Whole-house exhaust fans

- · Rated for continuous operation
- Sone rating of 1.0 or less
- · Operated continuously or intermittently with commissioned controls when used as part of the balanced ventilation strategy

☐ Spot ventilation in full baths

- · Vented to outside with a dedicated termination
- Rated at 2.0 sones or less
- Must be tested to provide at least 65 CFM when operated intermittently or 20 CFM continuously

☐ If installing heat pump water heaters

· Heat pump water heaters must be currently listed on the NEEA Advanced Water Heating Specification Qualified Product List found here: neea.org/img/ documents/qualified-products-list.pdf

☐ Proper installation of solar-ready features

- · To qualify as solar ready, projects must meet the following requirements:
 - Energy Trust's Solar Ready Installation Requirements
 - A completed Solar Ready Checklist must be submitted for the home
 - All equipment must be properly labeled
 - Solar ready roof (see fig. 42)
 - Solar + Storage Ready
 - EV ready

