



TIPS TO SAVE ENERGY AND MONEY AT HOME

NO-COST AND LOW-COST

LIGHTING

12% of an average US home's energy use

No Cost

- Turn off lights when not needed and use natural lighting when available

Low Cost

- **LEDs:** Install ENERGY STAR® certified LED light bulbs
- **Light Fixtures:** Replace old and broken light fixtures with ENERGY STAR® certified light fixtures
- **Smart Timers and Motion Sensors:** Consider for bathrooms and outdoor lights

WATER HEATING

20% of an average US home's energy use

No Cost

- **Water Heater Thermostat:** Set the temperature at-or-below 120° F
- **Shorten Showers** to cut hot water costs—using a timer can help you track and reduce your shower time

Low Cost

- **Insulate External Water Pipes:** If your water pipes run through a crawlspace or attic that isn't insulated, check to make sure the pipes are insulated
- **Water Heater Insulation:** Consider getting a water heater blanket/wrap if your water heater is warm to the touch or located in a cold space
- **Aerating, Low-Flow Faucets and Showerheads:** Install water-saving showerheads and faucet aerators

APPLIANCES

23% of an average US home's energy use

No Cost

- **Fridge:** Check to make sure fridge and freezer seals are tight. Let food cool before putting in the fridge
- **Dishwasher:** Run loads only when full
- Wash Laundry with cold water and run full loads whenever possible
- **Unplug** battery chargers for mobile phones, tablets, laptops and other devices when not in use – they use energy even when they're not actively charging anything

Low Cost

- **Power Strips:** Group printers, computers and monitors, DVD players, TVs, game consoles and other electronics on easily accessible power strips that can be switched off when you're away from home or when the electronics are not in use
- **Smart/Advanced Power Strips:** Can reduce energy waste by not providing power to secondary devices when the primary device is turned off

HEATING & COOLING

41% of an average US home's energy use

No Cost

- **Thermostat:** Turn down the thermostat to 65-68 degrees during the day and 58-60 degrees at night during cooler months. If you have a heat pump, turn the thermostat down no more than three degrees at night. In warm weather, set your heat pump or air conditioning thermostat to 72-75 degrees
- **Unblock Registers:** Vacuum registers regularly and avoid blocking them with furniture and other objects to keep air flowing freely

Low Cost

- **Fans:** Use ceiling fans to push hot air down in the winter, and to keep air circulating so you feel cooler in the summer
- **Smart Thermostats:** Install a smart thermostat (unless you have a heat pump) so it can adjust the temperature automatically and help you save energy all year long
- **Air Filters:** Clean or replace filters regularly to help your furnace, heat pump and air conditioner work at peak efficiency
- **Weather Stripping:** Add weather stripping to drafty doors and windows
- **Shade:** Plant trees or tall shrubs to provide shade on the sunniest sides of your home, especially if you have windows that face west or south
- **Low-Emission Window Film:** Add a low-emission film to your windowpanes to reduce the heat entering your home through the window glass
- **Curtains/Drapes:** During the day, close your windows and close the blinds/shades/curtains to keep heat outside



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